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iron element facts history where it is found how it is used Mar 22 2022 dec 8 2021 iron is also the fourth most common element in earth's crust by weight and much of earth's core is thought to be composed of iron besides being commonly found on earth it is abundant in the *iron deficiency anemia symptoms and causes mayo clinic* Oct 29 2022 jan 4 2022 initially iron deficiency anemia can be so mild that it goes unnoticed but as the body becomes more deficient in iron and anemia worsens the signs and symptoms intensify iron deficiency anemia signs and symptoms may include extreme fatigue weakness pale skin chest pain fast heartbeat or shortness of breath headache dizziness or lightheadedness [iron wikipedia](#) Sep 27 2022 iron 'aɪən is a chemical element with symbol fe from latin ferrum and atomic number 26 it is a metal that belongs to the first transition series and group 8 of the periodic table it is by mass the most common element on earth right in front of oxygen 32 1 and 30 1 respectively forming much of earth's outer and inner core

iron element occurrence uses properties compounds May 24 2022 iron fe chemical element metal of group 8 viiib of the periodic table the most used and cheapest metal occurrence uses and properties iron makes up 5 percent of earth's crust and is second in abundance to aluminum among the metals and fourth in abundance behind oxygen silicon and aluminum among the elements

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iron health professional fact sheet national institutes of health Nov 29 2022 iron is a mineral that is naturally present in many foods added to some food products and available as a dietary supplement iron is an essential component of hemoglobin an erythrocyte red blood cell protein that transfers oxygen from the lungs to the tissues

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