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unsaturated definition in chemistry thoughtco Sep 26 2022 web oct 10 2019 an unsaturated solution is more dilute than a saturated solution when referring to organic compounds unsaturated means a molecule contains double or triple carbon carbon bonds examples of unsaturated organic molecules include hc ch and h 2 c o in this context being saturated can be thought of as being saturated with hydrogen

dietary fat know which to choose mayo clinic May 22 2022 web apr 8 2021 there are two main types of unsaturated fat monounsaturated fat this is found in olive canola peanut sunflower and safflower oils and in avocados peanut butter and most nuts it s also are part of most animal fats such as fats from chicken pork and beef polyunsaturated fat this is found in sunflower corn soybean and cottonseed oils

unsaturated hydrocarbon wikipedia Mar 20 2022 web unsaturated hydrocarbons are hydrocarbons that have double or triple covalent bonds between adjacent carbon atoms the term unsaturated means more hydrogen atoms may be added to the hydrocarbon to make it saturated i e consisting all single bonds the configuration of an unsaturated carbons include straight chain such as alkenes and

unsaturated definition of unsaturated by the free dictionary Aug 25 2022 web unsaturated ?n?sæt??re?t?d adj 1 not saturated 2 chemistry of a chemical compound esp an organic compound containing one or more double or triple bonds and thus capable of undergoing addition reactions 3 chemistry of a fat esp a vegetable fat containing a high proportion of fatty acids having double bonds 4

unsaturated fat wikipedia Apr 21 2022 web an unsaturated fat is a fat or fatty acid in which there is at least one double bond within the fatty acid chain a fatty acid chain is monounsaturated if it contains one double bond and polyunsaturated if it contains more than one double bond where double bonds are formed hydrogen atoms are subtracted from the carbon chain

unsaturated fats why you need them in your diet Oct 27 2022 web aug 24 2022 unsaturated fats can help boost good cholesterol and lower bad cholesterol in your blood which can lower your risk of heart disease or stroke explains taylor they also work to maintain your body s cells and brain

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